

ATTENTION ALL MEMBERS

Experts appear to agree that the Coronavirus will be with us for some time and, whilst we do not need to approach this situation with panic, being realistic is essential particularly as the virus is most dangerous for our age group.

As a result of this and following careful consideration, it has been decided to highly recommend the following general commonsense regime for all members of DNBC.

- wash hands thoroughly before and after bowling
- do not shake hands, hug etc.
- sneeze into a tissue, immediately throwing it into a bin
- try not to touch your nose unless with a tissue
- cough into your elbows
- if feeling unwell, please stay at home
- if you travel overseas or come into contact with an actual case, please do not return to DNBC for two weeks after returning whether or not you show symptoms

The last thing any of us want is to be responsible for unwittingly infecting someone else!